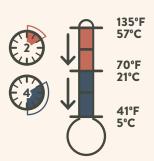
Cool Food Fast for Food Safety

快速冷却食品,确保食品安全



Step 1 – Cool hot food to 70°F within 2 hours

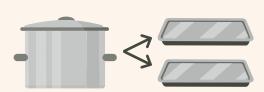
第1步 - 在2小时内将热食冷却到70°F

Step 2 – Cool food from 70°F to 41°F within 4 hours

第 2 步 - 在 4 小时内将食品从 70°F 冷却至 41°F

Hot food should be 41°F or colder within 6 hours!

热食应在 6 小时内冷却至 41°F 或以下!



Divide large containers into shallow pans 将大型容器中的食品分装至浅盘中



Ice bath with frequent stirring 使用冰浴并经常搅拌



Use an ice paddle or add ice as an ingredient 使用冷却搅拌棒 或将冰块作为食材加入



Reduce food mass 将食品分成小份



agriculture.sc.gov/retail-food-safety