Rules of Refrigerated Storage

冷藏食品储藏规定

RULE 1 Separate ready-to-eat and prepared foods from raw meats.

规定 1 将熟食/加工食物和生肉制品分开储存



RULE 2 Provide proper order of refrigerated storage top to bottom.

规定 2 冷藏食品从上而下应按如下顺序储存:



- Ready-to-eat and prepared foods 熟食类/加工食物
- → Fruits and vegetables 水果和蔬菜
- → Raw fish, seafood, shellfish 生鱼/海鲜/贝类食物
- Raw beef, ground beef, pork 生牛肉/碎牛肉馅/生猪肉
- Raw poultry 生家禽肉

RULE 3 Maintain refrigeration temperatures of 41°F or below. (The ideal temperature for storage is 35°F to 38°F.)

规定 3 冷藏温度应在45华氏或以下 (理想储存温度在35至38华氏之间)



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